

# Healthier Together



Improving health and care in Bristol,  
North Somerset and South Gloucestershire

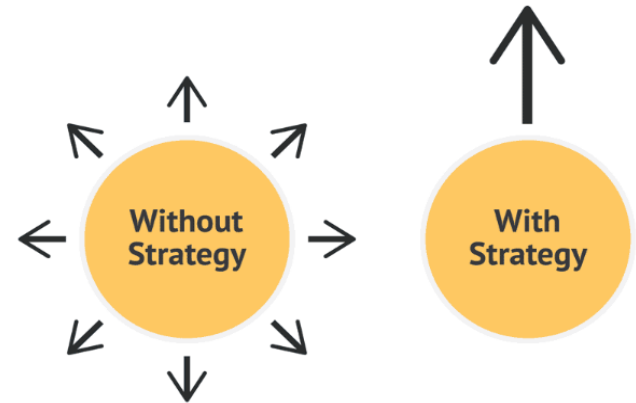
## **BNSSG Integrated Care System All Age Mental Health & Wellbeing Strategy**

North Somerset Health & Wellbeing Board  
14<sup>th</sup> February 2024



# Why are we having a system wide Mental Health Strategy?

- All ICS systems are required by NHS England to have a mental health strategy for population mental health



- The system mental health strategy brings all partners together to work towards a set of collective priorities and ambitions.

# The Mental Health Strategy

- is an all age, **population** mental strategy
- **complements** and does not replace individual organisation Mental Health strategies
- **builds** on the work undertaken to develop the 2018/19 draft MH Strategy and the development of Community Mental Health programme
- has been **co-produced** by system partners, with strong input from the mental health alliance and lived expertise
- has been developed and is owned on behalf of the system by the **Mental Health, Learning Disability and Autism Health and Care Improvement Group (HCIG)**

Our Integrated Care System vision is:

“  
**Healthier together  
by working  
together”**

People enjoying healthy and productive lives, supported by a fully integrated health and care system – providing personalised support close to home for everyone who needs it.

Our Integrated Care System vision for Mental Health is:

“  
**Better Mental  
Health for All”**

People having the best mental health and wellbeing in supportive, inclusive, thriving communities

# Six Ambitions:

## 1 Holistic care

People of all ages will experience support and care which considers everything that might help them stay well.

## 2 Prevention and early help

People of all ages, their families and carers will get the support they need in the right place and in a timely way, as early as possible.

## 3 Quality treatment

High quality treatment is available to people of all ages as needed closer to home, so they can stay well in their local communities.

## 4 Sustainable system

We will have an economically and environmentally sustainable mental health system where maximum benefit is delivered to the Community.

## 5 Advancing equalities

We will reduce health inequalities by improving equity of access, experience and outcomes throughout people's lives.

## 6 Great place to work

We will have a happy, diverse, inclusive, trauma-informed and stable workforce across our system.

### Underpinned by:

Working together to create the wider social and economic conditions to support positive mental health and wellbeing, including investing in a healthy start in life.

# Engagement

- Draft document had input from over 300 people working in the mental health system and people with lived experience through formal meetings, 121s and focus groups
- Document was then published for an 8 week engagement period with over 160 people feeding back as groups or individuals via survey monkey
- Final document has been endorsed by the ICB Board and will be going to Bristol & South Glos HWBs as well as the ICP Board for sign off
- There will be signed and easy read copies available

# Ask of North Somerset Health and Wellbeing Board

It is recommended that the North Somerset Health and Wellbeing Board;

- Endorse the final version of the strategy following the engagement
- Note that the strategy is also being submitted to the Bristol & South Gloucestershire Health & Wellbeing Boards and the Integrated Care Partnership Board for endorsement.
- Note that the Mental Health Learning Disability and Autism Health and Care Improvement Group (MH LD & A HCIG) will implement and monitor the strategy through a combination of an action plan and the annual refreshes of the NHS Joint Forward Plan.



# Thank you

